



# The Monthly Check-Up



## Enjoy the great outdoors!

It's high time for outdoor fun. We can give your campers the good bill of health they need, and we can treat any itches and ouches that come along on family adventures.




### Physicals for Happy Campers.

Camp and sports physicals\*, for a limited time.

SAVE \$10\*

[Learn more >>](#)



### Health Minute

#### Be safe outside.

Get a quick refresher on ways to keep active kids safe outdoors. After all, it never hurts.

[Get tips >>](#)



### Health Bytes

#### Fire up the grill!

A Thanksgiving favorite flies in for a healthy Memorial Day barbecue.

[See recipe >>](#)



### Timely Advice

#### Cut butts out.

Celebrate World No Tobacco Day on May 31 by saying goodbye to cigarettes. We can help.

[Stop smoking >>](#)

PERSONALIZED

## WEIGHT LOSS PROGRAM\*\*

Medical expertise and support  
 PLUS  
 Membership in DASH for Health. A \$69 Value!†

[Learn more >>](#)

### We treat the ITCHES & OUCHES of the season.\*\*

- Bug bites and stings
- Poison ivy and oak
- Swimmer's ear
- Sunburn
- EpiPen® & Twinject® refills
- Sprains, strains and more

FREE \$13 coupon book available at MinuteClinic†

[Learn more >>](#)

## A1c checks'


Quick, Convenient and Accurate.  
for those with diabetes.

### Save on Glucerna products!

**VALUABLE COUPONS\*\***

At MinuteClinic while supplies last. from 

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\*\*New or upgrade 2-year activation required.

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## Neutrogena®

### Be Sun-Safe Outdoors



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MinuteClinic has earned The Joint Commission Gold Seal of Approval®



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\*Regularly \$59.00. Insurance is not accepted for physicals. Payment is due at time of visit. Additional lab charges may apply. Age restrictions apply. Physicals are not available in MA. \$10 discount expires 9/30/13. Discount applied at appointment.  
 \*\*Service not available in MA. Patients must be 18 years of age or older. Restrictions apply. Additional labs and tests may be required. Additional charges may apply.  
 †Based on 6-month membership.  
 ††Age restrictions apply. Services may vary by state.  
 §While supplies last. One per customer. Restrictions apply. Not valid in MA and NY. No purchase necessary. Coupons expire 7/31/13.  
 ‡Service not available in MA. Must be age 18 and older. Service may vary by state. Restrictions apply.  
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