

You are being given this Fact Sheet because your sample(s) are being tested for the virus that causes Coronavirus Disease 2019 (COVID-19).

This Fact Sheet contains information to help you understand the risks and benefits of using this test for the diagnosis of COVID-19. If you have questions or would like to discuss the information provided after you read this Fact Sheet, please talk to your healthcare provider.

For the most up to date information on COVID-19 please visit the CDC Coronavirus Disease 2019 (COVID-19) webpage:
<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

**IMPORTANT INFORMATION REGARDING COVID19 TEST RESULTS:**

- Patients will not receive a telephone call with their COVID19 test results!
- All COVID19 test results will be delivered through MyChart, MinuteClinic's online patient portal
- Information regarding MyChart can be found within this Fact Sheet

Patient Consent: I verify that I have received the following information: information specific to Covid-19 testing, the available testing including risks associated with the procedures of those collected in the clinic, the meaning of positive or negative lab result(s), and the available treatment(s). I have been provided an opportunity to ask questions and have received answers as needed. I have been informed that testing is voluntary, that I have the right to decline any tests and that any positive test results will be reported to the state health department where required by applicable law.

**Know about COVID-19**

COVID-19 is caused by the SARS-CoV-2 virus. COVID-19 can cause mild to severe respiratory illness, was first identified in Wuhan, China, and has now spread globally, including in the United States. There is limited information available about the spectrum of illness associated with COVID-19 but it likely spreads to others when a person shows signs or symptoms of being sick (e.g., cough, shortness of breath or difficult breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting, or diarrhea.)

**What are the known and potential risks and benefits of the test?**

Potential risks include:

- Possible discomfort or other complications that can happen during sample collection. (I.e. bloody nose during specimen collection)
- It is possible that this test can give a positive result that is wrong (a false positive result).
- It is possible for this test to give a negative result that is incorrect (false negative).

Potential benefits include:

- The results, along with other information, can help your healthcare provider make informed recommendations about your care.
- The results of this test may help limit the spread of COVID-19 to your family and others in your community.

**What does it mean if I have a positive test result?**

If you have a positive test result, it is very likely that you have COVID-19. Therefore, it is also likely that you may be placed in isolation to avoid spreading the virus to others. There is a very small chance that this test can give a positive result that is wrong (a false positive result).

Most cases can be cared for at home. Stay home and limit contact with others until:

You have been fever-free for at least 3 days without using medicine that reduces fever **AND** your symptoms have improved **AND** at least 10 days have passed since your symptoms first appeared.

- Do not go to the hospital to seek care unless you have a medical emergency
- Do not go to work. Notify your employer of your positive test result
- Contact your primary care provider and inform them of your positive COVID19 testing result
- **Continue to monitor your symptoms at home and seek medical attention if symptoms worsen as described on the opposite side of this document.**

**What does it mean if I have a negative test result?**

A negative test result means that the virus that causes COVID-19 was not found in your sample. For COVID-19, a negative test result for a sample collected while a person has symptoms usually means that COVID-19 did not cause your recent illness.

However, it is possible for this test to give a negative result that is incorrect (false negative) in some people with COVID-19. This means that you could possibly still have COVID-19 even though the test is negative. If this is the case, your healthcare provider will consider the test result together with your symptoms, possible exposures, and geographical location of places you have recently traveled in deciding how to care for you.

It is important that you work with your healthcare provider to help you understand the next steps you should take.

**Is there a possibility that the test results could be "invalid"?**

In the instance that your specimen is not able to be processed by the lab, a MinuteClinic provider will contact you via telephone to discuss next steps and specimen re-processing.

**How should I monitor my symptoms?**

- Note the day any new symptoms begin
- Check your own temperature two times a day
- Keep a daily record of fever, cough and additional respiratory symptoms
- Seek further evaluation from a healthcare provider via telemedicine, or thru a scheduled in person visit if applicable and your symptoms get worse.
- Call ahead before **visiting your healthcare provider** and tell them you have been tested for COVID-19.
- Even if you don't experience symptoms you might make others sick

**What should I do if symptoms get worse?**

Seek medical attention immediately if you develop any of the following emergency warning signs for COVID-19 or other medical emergencies:

- Difficulty breathing
- Bluish lips or face
- Constant pain or pressure in your chest
- Constant dizziness or lightheadedness
- Acting confused
- Difficulty waking up
- Slurred speech (new or worsening)
- New seizure or seizures that won't stop

This list is not all-inclusive. Please consult a healthcare provider for any other symptoms that are severe or concerning.

**What should I do to protect myself while I wait for results?**

- Wash your hands often with soap and water for at least 20 seconds. Clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid close contact with people who are sick
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Clean all "high-touch" surfaces every day. High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and beside tables.
- Cover coughs and sneezes
- If available, wear a face covering

**When will I receive my test results?**

You will not receive a phone call with results, rather the results will be in MyChart, MinuteClinic's online patient portal, as soon as they are provided back to MinuteClinic; generally 2-4 days, below are instructions for how to set-up MyChart. If you have questions about your results contact your PCP for further guidance.

**How do I access Results Through MyChart?**

MyChart allows you to view your test results, your medical records and more.

You will receive a MyChart activation email at the conclusion of your COVID19 swab visit. Upon receipt, you will need to create a user name and password by inputting basic patient demographics including date of birth.

If you have any questions and/or concerns regarding the MyChart process, you may email MCMYChartHelp@CVSHealth.com

Your safety is always our first priority at MinuteClinic, and that's why you can be seen in person, or from home with telehealth visit options. From earaches to allergies, we provide over 125 services, and with our in-clinic and telehealth options, we have more ways to help than ever. Schedule an appointment at [cvs.com/minuteclinic](https://www.cvs.com/minuteclinic) or in the CVS pharmacy app.

Our Notice of Privacy Practices can be found here: <https://www.cvs.com/minuteclinic/legal/virtual-care/notice-of-privacy-practices>

If you have any questions, please contact us at (866) 389-2727.

Where can I go for updates and more information? The most up-to-date information on 2019- nCoV is available at the CDC General webpage: <https://www.cdc.gov/COVID19>. In addition, please also contact your healthcare provider with any questions/concerns. CDC Information Updated: April 27, 2020