

2022 OVER-THE-COUNTER ITEMS CATALOG

provided by OTC Health Solutions



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Last updated October 2021

blue
california



Promise Health Plan

Blue Shield of California Promise Cal MediConnect Plan (Medicare-Medicaid Plan) has contracted OTC Health Solutions to provide the over-the-counter (OTC) items benefit. Please keep this booklet handy. You'll need it to look up the OTC items you want to order. It also has instructions on how to order online or by phone.

Blue Shield of California Promise Health Plan is a health plan that contracts with Medicare and Medi-Cal to provide benefits of both programs to enrollees.

There are items or products in this catalog that may be covered for you under Medicare Part B or Part D. When an item is covered by Part B or Part D, you do not use your OTC items benefit. The product is covered by Medicare and is not a part of your OTC items benefit.

If something you order is out of stock, an item of similar or greater value may be sent instead. If a product is recalled by the manufacturer, it will be removed from the product list.

You can get this document for free in other formats, such as large print, braille, and/or audio. Call Customer Care at **(855) 905-3825 (TTY: 711)**, 8 a.m. to 8 p.m., seven days a week. The call is free.

Two easy ways to order

Choose what works best for you:

#1 Online

How to place an order online:

1. Log in to your Blue Shield Promise Health Plan member account online at blueshieldca.com/promise/CMCOTC.
2. Under *Popular Tasks*, select *Save On Over-the-Counter Items*, then click *Continue* in the pop-up window. You will be redirected to OTC Health Solutions website.
3. **Create an OTC items account**
 - If it is your first time ordering online, you will need to create an account.
 - Choose *Create Account* and follow the instructions.
 - You will need your **member ID number, date of birth, ZIP code, and email address**.
 - Important note:** When entering your Blue Shield Promise ID number, include only the numeric values. For example, if your ID number is "ABC1234," you will enter only "1234."
 - You will also need to set a password.
 - Each member creating an account must have a separate email address. If a member shares an email address with someone who also has an account, they can only register one account.
 - If you need help finding your ID number, click on *Get help locating your member ID*.
 - Be sure to save your password. You will need your password and ID number or email address to sign in again.
 - If you forget your password, click on *Forgot Password?* to create a new one.
4. **Place an order**
 - Once signed in, you will see your benefit amount and balance at the top of the page.
 - Browse the products and add what you need to your cart. As you put items in your cart, their cost will be deducted from your balance.
 - When you are ready to place your order, click on *Checkout*.
 - On the checkout page, you will see a shipping address. Confirm that it is correct by selecting the disclaimer. Then review and place your order. It should arrive within 14 calendar days.
 - When your order has shipped, you will get an email with tracking details. You'll get another email when your order has been delivered.
 - Please review the order limits found in the FAQ section to avoid missing benefit funds.

Reminder: Online orders must be placed by 8:59 p.m. Pacific time on the last day of the quarter (March 31, June 30, September 30, and December 31) for your benefit to be applied to that quarter.

Return policy

Due to the personal nature of the products, no returns or exchanges are allowed. If you receive a defective or damaged item, please call OTC Health Solutions within 30 days of placing your order. If your item is not in stock, an item of similar or greater value may be sent instead.

#2 – By phone

You may place your order by calling **(888) 628-2770 (TTY: 711)**. Live agents are available to help you Monday to Friday from 9 a.m. to 8 p.m. Pacific time.

You can also order 24/7 via our automated interactive voice response (IVR) system. See instructions below.

When ordering by phone, please have your ID number ready, as well as the items you wish to order.

How to place an order using the IVR system:

1. Call OTC Health Solutions from the phone number that's on file for you with your Blue Shield Promise Cal MediConnect plan.

Note: By calling from this number, the system can recognize you. If you wish to use a different number, provide the other number to an OTCHS agent during business hours so it can be added to your account.

2. Once the system finds your account, you will be asked to input your date of birth in MMDD format.
3. The account authentication process will start. The system will verify the name and address on the account.
4. Once the ordering process begins, identify the item by inputting the numerical portion of its code.

- **Example:** If you want to order item “C34 medicated chest rub,” select “34” and wait for the prompt to confirm the item. When the system finds the item, it will read back the product name and quantity and ask if that is correct.

Important: Please allow the system to finish asking the question before making your selection.

- If you reply “yes,” the system will add the item to your cart.
 - If you reply “no,” the system will let you change the product or the quantity.
5. When you are done selecting your items, you can review the cart or submit the order.
 - If you submit the order right away, the system will provide a confirmation number and disconnect the call.
 - If you review the order, the system will let you to edit the items, start over, submit the order, or speak with an agent (weekdays from 9 a.m. to 8 p.m. Pacific time).
- Note:** If you choose to speak to an agent, your items will not be saved. You will have to start the order over.

Through the IVR system, you can also track your order or request a catalog.

Return policy

Due to the personal nature of the products, no returns or exchanges are allowed. If you receive a defective or damaged item, please call OTC Health Solutions within 30 days of placing your order. If your item is not in stock, an item of similar or greater value may be sent instead.

Frequently asked questions (FAQs)

Where can I find my member ID number?

It can be found on the front of your medical plan member ID card.

What is the OTC items benefit?

The OTC items benefit offers you an easy way to order generic, over-the-counter health and wellness products by phone at **(888) 628-2770 (TTY: 711)** or online at **blueshieldca.com/promise/CMCOTC**. You choose from a list of approved OTC items, and OTC Health Solutions will mail them directly to your home address. Not only is it convenient, it helps you lower your out of pocket costs for OTC items by using your benefit allowance amount.

How much is my OTC items benefit?

The benefit allowance amount depends on your Blue Shield Promise plan. Check your plan documents or call OTC Health Solutions at **(888) 628-2770 (TTY: 711)**.

How often can I use my OTC items benefit?

You can use your OTC items benefit up to twice per quarter up to your benefit allowance amount. If you submit more than two orders per quarter, you will exceed your benefit allowance. Quarterly benefit periods are:

- Quarter 1 (January, February, and March)
- Quarter 2 (April, May, and June)
- Quarter 3 (July, August, and September)
- Quarter 4 (October, November, and December)

Can I carry over unused benefit allowance amounts to the next benefit period?

Unused benefit allowance amounts do not roll over to the next quarter.

Can I order more than my benefit amount (both number of orders and allowance amount)?

Your order total cannot exceed your benefit amount (number of orders and/or allowance amount), and we cannot accept payment to purchase items over your benefit. If your order exceeds the benefit amount, we cannot process your order.

How long will it take to receive my order?

You will receive your items within 14 calendar days of ordering.

Can I cancel my order once it has been placed?

Orders can only be cancelled within 30 minutes of being placed.

How do I confirm my order was placed?

Once the order has been placed, you will receive a confirmation number. Always make sure to keep your confirmation number.

Can I track my order?

You can opt in to get tracking information via email or text; simply advise the agent when placing your order.

How can I receive another copy of this catalog?

You will receive a digital version of the catalog with every tracking email/text. You can also print a copy from the plan web page.

FAQs (continued)

Where can I get additional information about the products?

In this catalog you will find SKU numbers that can be used at <https://www.cvs.com> to search for product images and obtain additional product information, such as ingredients.

How will the items be shipped?

Items are shipped via USPS to your home at no charge to you. Please allow up to 14 calendar days for delivery.

Additional notes:

- **Quantity limits:** There is no limit on the number of different products you may order. There is, however, a quantity limit of nine per any single item, per quarter. There are some select products that have special limits, and these are marked by a "★" or a "■."
- **Supplements:** To purchase certain vitamin and mineral supplements, your physician must recommend them to you for a specific diagnosed condition. These are called "dual-purpose items" and are marked with a "◆." Please speak with your physician before ordering these types of items.
- **Personal use only:** Products in this catalog are intended for personal use and may be ordered only for the enrolled member.

If you have not received your items within 14 calendar days of ordering, please call (888) 628-2770 (TTY: 711), Monday to Friday, 9 a.m. to 8 p.m. Pacific time.

Adult care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
I70	830476	Women's Small/Medium Underwear Max	Depend	36 CT	\$19
I71	830475	Women's Large Underwear Max	Depend	32 CT	\$19
I72	830474	Women's XL Underwear Max	Depend	28 CT	\$19
I73	830473	Men's Small/Medium Underwear Max	Depend	36 CT	\$19
I75	842939	Men's L/XL Underwear Max	Depend	32 CT	\$19
I76	163094	Unisex Extra Large Briefs Max	Depend	14 CT	\$12
I77	641431	Unisex Large Briefs Max	Depend	16 CT	\$12
I78	240487	Women's Protective Pads Moderate	Poise	20 CT	\$5
I79	964701	Overnight Women's Bladder Control Pads	Tena Serenity	30 CT	\$12
I80	520577	Adult Care Wipes	No Comparable	48 CT	\$8
I83	383703	Unisex Overnight Underwear XL	Depend	12 CT	\$13
I84	383182	Unisex Overnight Underwear L	Depend	14 CT	\$13
I86	512509	Underpads XL 23''x36''	No Comparable	18 CT	\$9
I87	795728	Women's Bladder Control Pads, Long	Poise	27 CT	\$12
I88	163093	Men's Bladder Control Pads	Poise	52 CT	\$12

Allergy



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
A2	477066	Allergy relief tablets	Benadryl	24 CT	\$4
A3	444238	Cetirizine 10mg Tablets	Zyrtec	30 CT	\$14
A5	232642	Loratadine 10mg, 24 Hr Regular	Claritin	30 CT	\$15
A6	847260	Fexofenadine Tablets 180mg	Allegra	30 CT	\$14
A10	232641	Loratadine 10mg	Claritin	10 CT	\$8
A11	389345	Levocetirizine Allergy Relief	Xyzal	35 CT	\$16
A16	583518	Loratadine 10mg Tablets	Claritin	365 CT	\$40
A53	444236	Allergy Cetirizine 10mg Tablets	Zyrtec	14 CT	\$11
A59	238246	Fluticasone Nasal Spray	Flonase	0.34 OZ	\$13

Item list is subject to change. You will receive the generic equivalent of all items.

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Cold remedies



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
C3	895139	Cold Flu & Sore Throat Max	Mucinex Fast-Max	6 OZ	\$11
◆C5	970454	AirShield Adult Gummies	No Comparable	42 CT	\$10
C7	587618	Medicated Chest Rub	Vicks Vaporub	3.5 OZ	\$6
■C8	155912	Digital Thermometer	No Comparable	1 CT	\$8
◆C9	381791	AirShield Twin Pack Orange	Airborne	20 CT	\$10
C11	707032	Sore Throat Lozenges	Cepacol	18 CT	\$4
C12	971824	Tussin CF	Robitussin CF	4 OZ	\$6
C13	707516	Tussin DM	Robitussin DM	4 OZ	\$6
◆C15	889580	AirShield Berry Chew	Airborne	32 CT	\$6
C16	297625	Nasal Decongestant Tabs	Sudafed PE	18 CT	\$4
C19	297885	Chest Congestion Relief 400mg	Humibid e	60 CT	\$9
C21	164183	No Drip Nasal Mist	Afrin	1 OZ	\$6
■C22	202227	Micro Temple Thermometer	No Comparable	1 CT	\$23
■C23	834800	Temple Thermometer	No Comparable	1 CT	\$38
C24	890425	Daytime Cold/Flu Soft Gels	Vicks Dayquil	16 CT	\$6
C25	465804	Cold Remedy Melts Citrus	Zicam	25 CT	\$9
C26	954407	Severe Nighttime Cold & Flu Relief Berry	NyQuil	8 OZ	\$7
C29	159734	Nasal Decongestant Inhaler	No Comparable	0.07 OZ	\$5
C31	972801	Sore Throat & Cough Lozenges Mixed Berry	Cepacol	18 CT	\$4
C33	173270	Mucus ER DM Max Strength	Mucinex	14 CT	\$13
C34	277898	Medicated Chest Rub	Vicks Vaporub	1.76 OZ	\$4
C36	277790	Nasal Spray Saline 2 Pack Twin Pack	Ocean	1.5 OZ	\$5
C40	477060	Tussin DM Sugar Free	Robitussin DM	8 OZ	\$7
C41	688783	Cold Remedy Sugar Free	Zicam	25 CT	\$10
C42	853587	Cold Sore Treatment	No comparable	0.07 OZ	\$18
C52	891465	Saline Nasal Spray	Ocean	1.5 OZ	\$4
C54	890411	Nighttime Cold/Flu Soft Gels	Vicks Nyquil	16 CT	\$6
C56	408566	Sinus Acetaminophen	Tylenol Sinus Headache (Day)	24 CT	\$6
C57	316620	Sore Throat Spray	Chloraseptic	6 OZ	\$4
C60	244956	Cough and Cold HBP	Coricidin	16 CT	\$7
C64	320711	AirShield Orange Tablets	Emergen-C	10 CT	\$6
C66	858828	Nasal Mist	Afrin	0.5 OZ	\$7

- ◆ Dual-purpose item.
- Limited to one (1) per benefit period.

Item list is subject to change. You will receive the generic equivalent of all items.

Digestive health



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
D2	310425	Stool Softener	Colace	100 CT	\$12
D4	206805	Gas Relief E/S Softgels	Gas X E/S	30 CT	\$5
D5	878020	BeanAid Capsules	Beano	30 CT	\$5
D6	108530	Adult Glycerin Suppositories	Fleet Glycerin	25 CT	\$3
D8	860849	Heartburn Relief Tablets	Gaviscon	100 CT	\$8
D9	451300	Omeprazole Tabs	No Comparable	14 CT	\$10
D10	958326	Daily Fiber SF	Metamucil	10 OZ	\$9
D11	348639	Bisacodyl Laxatives Tabs	Dulcolax	25 CT	\$6
D12	672550	Anti-Diarrheal Tablets	Imodium A-D	12 CT	\$6
D13	703368	Pink Bismuth Chewable Tabs	Pepto-Bismol	30 CT	\$5
D14	690256	Acid Controller Tabs	Pepcid AC	30 CT	\$7
D15	139139	Motion Sickness Tabs	No Comparable	12 CT	\$6
D16	690260	Easy Fiber	Benefiber	8.6 OZ	\$13
D17	252794	Fiber Capsules	Metamucil	160 CT	\$12
D18	272722	Esomeprazole Magnesium Capsules	Nexium	42 CT	\$24
D19	919055	Probiotic Adult 4 Strains	Culturelle	30 CT	\$16
D20	689598	Stomach Relief Caplets	Pepto-Bismol	24 CT	\$3
D21	401472	Medicated Hemorrhoidal Wipes	Preparation H	48 CT	\$6
D22	961468	Hemorrhoidal Suppositories	Preparation H	12 CT	\$6
D23	144212	Hemorrhoidal Ointment	Preparation H	2 OZ	\$9
D24	494222	Milk of Magnesia	Phillips'	12 OZ	\$6
D25	480996	Laxative Bisacodyl Suppositories	Dulcolax	4 CT	\$6
D26	452277	Hemorrhoidal Cream	Preparation H	1.8 OZ	\$11
D27	689614	Stool Softener	Phillips'	30 CT	\$4
D30	451305	Omeprazole Tablets	Prilosec	42 CT	\$20
D31	267635	Dairy Relief	Lactaid	60 CT	\$13
D40	836320	Antacid Calcium ES Tablets	Tums E-X	96 CT	\$5
D45	883948	Probiotic Adult 9 Strains	No Comparable	15 CT	\$14
D46	272739	Esomeprazole Magnesium Tab	Nexium	14 CT	\$10
D47	883055	Lansoprazole 15mg Caps	No Comparable	14 CT	\$10
D49	713639	Purelax Powder	MiraLAX	8.3 OZ	\$11

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Ear and eye care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
E7	110973	Earwax Removal Drops	Debrox	0.5 OZ	\$4
E8	941579	Earwax Care Kit	No Comparable	1 CT	\$10
E14	171322	Artificial Tears	No Comparable	1 OZ	\$9
E17	337097	Eye Wash	No Comparable	4 OZ	\$6
E18	695753	Contact Solution	No Comparable	4 OZ	\$5
E19	976354	Eye Health 50+ Vitamins	Ocuvite	90 CT	\$20
E20	457496	Swimmers Ear Solution	Swim-Ear	1 OZ	\$4
E21	973866	Earwax Removal Kit	Debrox	KIT	\$8

Feminine care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
G5	167765	Feminine Cleansing Wash	No Comparable	12 OZ	\$7
G6	234554	Urinary Pain Relief Tablets	Azo	30 CT	\$6
G9	721062	Miconazole Vaginal Insert and Cream	Monistat	1 CT	\$13
G30	333336	Miconazole 7 Day Vaginal Cream	Monistat	7 CT	\$10
G40	842800	Overnight Maxi Pads	Maxi	36 CT	\$8
G41	289061	Feminine Wipes Fragrance Free	No Comparable	32 CT	\$5

First aid



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
F3	875957	Fabric Anti-Bacterial Bandages	No Comparable	20 CT	\$4
F4	109405	Calamine Lotion	Caladryl	6 OZ	\$6
F6	322430	Triple Antibiotic & Pain Relief Ointment	Neosporin	0.5 OZ	\$4
F8	618348	Triple Antibiotic Ointment, Pain & Scar	Neosporin	0.5 OZ	\$7
F9	383505	Clear Bandages	No comparable	45 CT	\$4
F11	550749	Anti-Itch Cream	Benadryl	1 OZ	\$5

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First aid



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
F13	955322	Calamine Plus Spray	Caladryl	4.1 OZ	\$8
F14	875952	Flex Fabric AB Fingertip Knuckle Bandages	No Comparable	20 CT	\$4
F15	241483	Antibacterial Bandages Assortment	Band-Aid	120 CT	\$12
F16	488598	Bandages Assortment Value Pack	No Comparable	200 CT	\$10
F17	894077	Transparent Dressing Wound Cover	No Comparable	8 CT	\$7
F18	832864	Freeze Wart Remover	No Comparable	KIT	\$15
F19	330703	Lidocaine Burn Relief Gel	Solarcaine	8 OZ	\$6
F20	717967	Sensitive Skin Adhesive Bandages	No Comparable	20 CT	\$5
F21	602441	Iodine	No Comparable	1 OZ	\$4
F22	311533	Merthiolate	No Comparable	2 OZ	\$5
F23	405572	First Aid Kit	No Comparable	1 CT	\$6
F28	270304	Waterproof Large Transparent Dressing	Nexcare	4 CT	\$14
F31	864765	Antiseptic Skin Cleanser	Hibiclens	8 OZ	\$10
F32	482649	Epsom Salt	No Comparable	22 OZ	\$5
F33	351170	Wart Removal	Compound W	0.5 OZ	\$8
F38	270351	Waterproof Assorted Transparent Dressing	Nexcare	10 CT	\$9
F39	998839	Wound Care Kit S/M	No Comparable	30 PC	\$15
F40	489905	Surgical Face Masks	No Comparable	25 CT	\$15
F41	360094	Small Surgical Face Masks	No Comparable	20 CT	\$12
F45	219642	Zinc Oxide Ointment	No Comparable	1 OZ	\$4
F47	337274	Finger Injury Kit	No Comparable	KIT	\$7
F48	444797	Rubbing Alcohol Wipes	No Comparable	40 CT	\$6
F49	946095	Witch Hazel Spray	T.N Dickinson's	6 OZ	\$7
F50	935683	Gauze Pad Non Stick 2x3	No Comparable	25 CT	\$6
F51	893121	Gauze Pad 4x4	No Comparable	25 CT	\$7
F52	893120	Gauze Pad 3x3	No Comparable	25 CT	\$6
F53	894104	Gauze Roll 4'' 2yds	No Comparable	1 CT	\$4
F62	964606	First Aid Tape	No Comparable	1 CT	\$2
F68	531343	Petroleum Jelly	Vaseline	2.5 OZ	\$3
F69	259370	Butterfly Closures	No Comparable	12 CT	\$3
F73	373092	Hydrocortisone Ointment 1%	Cortisone	1 OZ	\$5
F74	219634	Bacitracin	No Comparable	1 OZ	\$7

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Foot care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
T2	521682	Tolnaftate Antifungal Cream	Tinactin Cream	1 OZ	\$8
T3	211003	Clotrimazole Cream, USP 1%	Lotrimin	0.5 OZ	\$7
T4	334566	Odor Control Spray Powder	Odor-Eaters	4 OZ	\$6
T5	894580	Moleskin Padding	Dr. Scholl's	2 CT	\$4
T9	314468	Medicated Corn Cushion	No Comparable	9 CT	\$2
T13	658784	Light Compression Socks L/XL White	No Comparable	1 PAIR	\$10
T14	658829	Light Compression Socks S/M White	No Comparable	1 PAIR	\$10
T15	978348	Light Compression Socks L/XL Black	No Comparable	1 PAIR	\$10
T16	978349	Light Compression Socks S/M Black	No Comparable	1 PAIR	\$10
T17	184626	Non-Binding Copper Crew Socks S/M White	No Comparable	3 PAIRS	\$10
T18	184730	Non-Binding Copper Crew Socks L/XL Black	No Comparable	3 PAIRS	\$10
T19	184812	Non-Binding Copper Crew Socks L/XL White	No Comparable	3 PAIRS	\$10
T20	184935	Non-Binding Copper Crew Socks S/M Black	No Comparable	3 PAIRS	\$10
T35	139231	Liquid Corn & Callus Remover	Dr. Scholl's	0.5 OZ	\$6
T36	893272	Diabetic Socks S/M	No Comparable	2 PAIR	\$9
T37	893270	Diabetic Socks L/XL	No Comparable	2 PAIR	\$9
T38	658593	Firm Compression Socks S/M Black	No Comparable	1 PAIR	\$12
T39	658582	Firm Compression Socks L/XL Black	No Comparable	1 PAIR	\$12
T40	229790	Foot Powder	Gold Bond	10 OZ	\$9

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Home diagnostics

CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
H20	149650	Glucose Chewable Tablets	No Comparable	10 CT	\$2
H21	149647	Glucose Tablets Orange	No Comparable	50 CT	\$6
H22	149616	Glucose Tablets Raspberry	No Comparable	50 CT	\$6
◆H25	235157	Ultra Thin Lancets, 30 Gauge	No Comparable	100 CT	\$4
◆H26	149668	Thin Lancets, 26 Gauge	No Comparable	100 CT	\$4
◆H27	343477	Lancing Device	No Comparable	1 CT	\$6
◆H71★	708884	BP Monitor Upper Arm Auto 8.7" x 16.5"	No Comparable	1 CT	\$40
◆H72★	800232	BP Monitor Upper Arm Manual 8.7" x 12.6"	No Comparable	1 CT	\$18
◆H73★	800824	Auto Wrist Blood Pressure Monitor	No Comparable	1 CT	\$52
◆H74★	800231	Advanced Auto Blood Pressure Monitor	No Comparable	1 CT	\$52
◆H75★	800230	Premium Blood Pressure Monitor Upper Arm	No Comparable	1 CT	\$70
◆H76★	800229	Touchpad Premium Blood Pressure Monitor Upper Arm	No Comparable	1 CT	\$90
◆H77★	814854	Pulse Oximeter	No Comparable	1 CT	\$40

Home health care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
J1	861900	Drive Medical Bath Mat	No Comparable	1 CT	\$17
J2	792495	Suction Grab Bar	No Comparable	1 CT	\$10
J4	741739	Reacher	No Comparable	1 CT	\$22
■J5	741741	Raised Toilet Seat 4"	No Comparable	1 CT	\$45
■J6	741727	Quad Cane Black	No Comparable	1 CT	\$26
J8	980705	Black Cane Tip 3/4	No Comparable	1 CT	\$4

- ◆ Dual-purpose item.
- ★ Limited to one (1) per year.
- Limited to one (1) per benefit period.

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Miscellaneous



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
M10	186739	Hearing Aid Batteries 312	No Comparable	8 PK	\$8
M13	186733	Hearing Aid Batteries 13	No Comparable	8 PK	\$8
M49	460696	Tablet Cutter	No Comparable	1 CT	\$7
M51	715123	7 Day Pill Box	No Comparable	1 CT	\$2
M75	135615	Mosquito Repellent w/ 30% DEET	OFF!	6 OZ	\$7
◆M77★	864739	Digital Body Scale	No Comparable	1 CT	\$13

Oral care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
O6	307117	Sensitive Toothpaste Extra Whitening	Sensodyne	4 OZ	\$4
O7	808698	Pro Clean Power Toothbrush w/ Replacement Heads	No Comparable	1 CT	\$9
O8	978931	Sensitive Flosspicks	No Comparable	90 CT	\$3
O9	469085	Extra Comfort Floss Mint 43.7yd	Oral-B Glide	1 CT	\$3
O10	230196	Denture Adhesive Regular	Fixodent	2.4 OZ	\$4
O12	910693	Toothbrush (Soft)	Colgate	1 CT	\$1
O13	933844	Extra Comfort Floss Mint 43.7yd	Oral-B Glide	2 PK	\$6
O14	122340	Effervescent Denture Cleanser Tablets	Polident	84 CT	\$5
O15	933823	Interdental Brushes Tight Spaces	GUM	16 CT	\$5
O16	572131	Tongue Brush	No Comparable	2 CT	\$6
O17	902457	Comfort Dental Night Guard	No Comparable	2 CT	\$20
O18	809800	Lower Dental Guard	No Comparable	2 CT	\$30
O19	956360	Clear Pro Toothbrush (Medium)	No Comparable	3 CT	\$3
O20	897755	Toothbrush Medium	No Comparable	2 CT	\$5
O21	377971	Tri Clean Soft Picks	GUM	60 CT	\$6
O23	378381	Smilesonic Replacement Heads	No Comparable	2 CT	\$32

◆ Dual-purpose item.

★ Limited to one (1) per year.

Item list is subject to change. You will receive the generic equivalent of all items.

Last updated October 2021

Oral care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
O24	454376	Flosser Picks Mint	No Comparable	90 CT	\$3
O25	695108	Temporary Lost Filling And Crown Repair	No Comparable	1 CT	\$4
O26	341166	EasyFlex Replacement Brush Heads	No Comparable	3 PK	\$19
O29	378314	Cordless Water Flossing System	No Comparable	1 CT	\$55
O31	227508	Ultra Tight Interdental Brush	No Comparable	32 CT	\$6
O36	485907	Sensodyne Pro Namel Whitening Toothpaste	No Comparable	4 OZ	\$8
O37	705527	Crest Whitening Toothpaste	No Comparable	5.8 OZ	\$4
O39	357891	Toothbrush Protector	No Comparable	2 CT	\$7
O46	873493	Dry Mouth Spray	Biotene	1.5 OZ	\$7
O52	933834	Oral Pain Relief	Anbesol Gel	0.33 OZ	\$6
O71	454381	Flosser Picks	No Comparable	90 CT	\$3
O72	368775	Sensitive Toothpaste	Sensodyne	3.4 OZ	\$4
O73	213330	Denture Cleanser Tabs	Efferdent	40 CT	\$3
■O74	422345	EasyFlex Pro Rechargeable Toothbrush	No Comparable	1 CT	\$45
O75	415475	Replacement Brushheads	No Comparable	5 CT	\$25

Pain relievers



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
P1	371948	Ibuprofen 200mg	Advil	50 CT	\$4
P2	200964	Muscle Rub	Bengay	3 OZ	\$7
P4	230268	Enteric Aspirin 81mg	Bayer Low Dose	120 CT	\$5
P5	215314	Heating Pad Extra Long	No Comparable	1 CT	\$33
P6	371914	Acetaminophen 500mg	Tylenol E/S	100 CT	\$7
P7	844209	Icebag Large	No Comparable	1 CT	\$13
P8	547802	Chewable Aspirin 81mg	Bayer Low Dose Chewable	36 CT	\$2
P14	957604	Hot/Cold Patches	Icy Hot Medicated Patch	5 CT	\$6
■P15	215313	Heating Pad Standard	No Comparable	1 CT	\$22
P16	371271	Lidocaine Patch	Salonpas	6 CT	\$11

■ Limited to one (1) per benefit period.

Item list is subject to change. You will receive the generic equivalent of all items.

Pain relievers



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
P17	109017	Headache Relief Caplets	Excedrin E/S	100 CT	\$9
P18	695905	Cold & Hot Pain Relieving Cream	Icy Hot	3 OZ	\$6
P19	299470	Naproxen 220mg	Aleve	24 CT	\$4
P21	444770	Medicated Heat Patch	Salonpas	1 CT	\$2
P22	152116	Knee Support Sleeve L	No Comparable	1 CT	\$12
P23	902106	Wrist Support Strap	No Comparable	1 CT	\$9
P24	151571	Ankle Support Sleeve L	No Comparable	1 CT	\$11
P25	453866	Compression Sleeve Elbow L	No Comparable	1 CT	\$15
P26	977934	Lidocaine Cream	Aspercreme	2.7 OZ	\$7
■ P28	459974	TENS Targeted Muscle Therapy	No Comparable	1 CT	\$58
P29	459917	TENS Replacement Pads	No Comparable	4 CT	\$15
P30	942453	Knee High Hosiery Moderate Compression L	No Comparable	1 PAIR	\$20
P31	342829	Knee High Hosiery Moderate Compression M	No Comparable	1 PAIR	\$20
P32	524660	Anti-Embolism Stocking Knee Length L	No Comparable	1 PAIR	\$35
P33	524694	Anti-Embolism Stocking Knee Length M	No Comparable	1 PAIR	\$35
P34	318180	Hot/Cold Multi Compress	No Comparable	1 CT	\$11
P35	340744	Naproxen Muscle & Back Tablets	Aleve	24 CT	\$4
P36	324111	Reusable Ice Pack	No Comparable	1 CT	\$6
P37	185226	Migraine Relief Caplets	Excedrin	24 CT	\$4
P38	864199	Sleep Aid 50mg Softgels	Unisom	32 CT	\$6
P39	933380	Sleep-Aid Liquid	ZzzQuil	6 OZ	\$5
P41	475817	Ibuprofen PM Caplets	Advil PM	20 CT	\$5
P42	317581	Acetaminophen 500mg Rapid Release Gels	Tylenol	100 CT	\$9
P43	879536	Acetaminophen 500mg Caplets	Tylenol	225 CT	\$13
P46	738694	Urinary Relief Max Strength	Azo	12 CT	\$6
P47	923748	Ibuprofen 200mg Tablets	Advil	500 CT	\$18
P48	306397	Ibuprofen 200mg Softgels	Advil Liqui-Gels	80 CT	\$8
P49	263652	Naproxen Sodium 220mg Caplets	Aleve	100 CT	\$8
P50	456231	Menstrual Pain Relief Max	Midol Complete	24 CT	\$6
P51	140897	Aspirin Enteric Coated 325mg	Ecotrin	125 CT	\$8
P52	729759	Elastic Bandage 6"	No Comparable	1 CT	\$8

■ Limited to one (1) per benefit period.

Item list is subject to change. You will receive the generic equivalent of all items.

Pain relievers



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
P53	124886	Acetaminophen PM 500mg Caplets	Tylenol PM	100 CT	\$9
P54	193588	Arthritis Pain Relief 650mg	Tylenol Arthritis	100 CT	\$10
P55	472994	Knee Support Sleeve S	No Comparable	1 CT	\$12
P56	151894	Knee Support Sleeve M	No Comparable	1 CT	\$12
P57	482556	Knee Support Sleeve XL	No Comparable	1 CT	\$12
P58	245414	Acetaminophen PM 500mg Caplets	Tylenol PM	24 CT	\$5
P66	155756	Sleep Aid	Simply Sleep	24 CT	\$4
P68	126623	Low Dose Aspirin 81mg, Coated Tablets	Bayer Low Dose Aspirin	300 CT	\$11
P69	441099	Pain Reliever Gel	No Comparable	3.5 OZ	\$17
P70	256563	Lidocaine Roll On Pain Relief	No Comparable	2.5 OZ	\$8

Personal care



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
S2	985326	Aftersun Aloe Vera, Green Gel	No Comparable	20 OZ	\$6
S3	447703	Skin Therapy Lotion	Gold Bond	5.5 OZ	\$6
S4	428504	Acne Treatment 10%	Clearasil Daily Clear	1 OZ	\$5
S6	478041	Sheer Dry Sunblock Lotion SPF 55	No Comparable	3 OZ	\$8
S7	992500	Eczema Relief	Eucerin Eczema	8 OZ	\$9
S8	246784	Scar Gel	No Comparable	1.76 OZ	\$20
S10	193503	Gold Bond Diabetic Dry Skin Lotion	No Comparable	4.5 OZ	\$9
S12	478059	Sport Continuous Spray SPF 50 Sunscreen	Coppertone Continuous Spray	5.5 OZ	\$9
S13	822572	Sport Continuous Spray SPF 100 Sunscreen	Coppertone Continuous Spray	5.5 OZ	\$9
S14	147708	Antibacterial Wipes, Car Cup Holder Canister	No Comparable	40 CT	\$3
S15	985843	Antibacterial Resealable Wipes	No Comparable	20 CT	\$2
S23	799023	Hand Sanitizer	No Comparable	2 OZ	\$2
S34	227230	Medicated Body Powder	Gold Bond	10 OZ	\$7
S36	843837	Flushable Wipes	No Comparable	42 CT	\$4
S43	265212	Facial Tissues	No Comparable	8 PK	\$3
S45	697545	Acne Wash	Clean & Clear	5 OZ	\$6

Item list is subject to change. You will receive the generic equivalent of all items.

Vitamins and minerals



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
◆V5	122869	Coenzyme Q-10 50mg	No Comparable	45 CT	\$12
◆V13	247303	Glucosamine Chondroitin Triple Strength	No Comparable	120 CT	\$32
◆V16	240515	Vitamin E 400 IU Softgel	Nature Made	100 CT	\$13
◆V17	300258	Folic Acid 800mcg Tablet	No Comparable	100 CT	\$4
◆V18	350480	Iron Supplement 65mg	No Comparable	90 CT	\$6
◆V25	252577	Prenatal Vitamin Tablets	No Comparable	100 CT	\$10
◆V27	232025	Vitamin C 1000mg	No Comparable	200 CT	\$14
◆V28	166595	Chewable C 500mg, Orange Flavor	No Comparable	100 CT	\$9
◆V29	378592	Men's Multivitamin	No Comparable	120 CT	\$9
◆V30	378615	Women's Multivitamin	No Comparable	120 CT	\$9
◆V31	711999	B12 Vitamin 1000mcg	No Comparable	200 CT	\$10
◆V32	346754	Vitamin D3 1000 IU	Nature's Bounty	120 CT	\$7
◆V35	850942	Magnesium 500mg	No Comparable	100 CT	\$5
◆V36	247239	Zinc Gluconate 50mg	Nature's Bounty	100 CT	\$5
◆V37	717911	Vitamin D3 5000 IU	No Comparable	100 CT	\$14
◆V42	710787	Vitamin D3 2000 IU Softgels	No Comparable	100 CT	\$8
◆V43	308785	CoQ-10 100mg	Qunol Ultra CoQ10	60 CT	\$32
◆V48	965747	Biotin 10,000mcg Softgel	Nature's Bounty	60 CT	\$12
◆V53	870668	Omega-3 Krill Oil 500mg	MegaRed	45 CT	\$26
◆V54	889908	Calcium Gummy 500mg + 800 IU D-3	Caltrate Gummy Bites	50 CT	\$10
◆V55	969314	Vitamin C 1000mg Packets, Orange	Emergen-C	30 CT	\$11
◆V56	199216	Vitamin A 8,000 IU NAT / 2400mcg	No Comparable	100 CT	\$5
◆V59	250191	Potassium Gluconate 595mg	Nature's Bounty	100 CT	\$5
◆V62	448393	Adult Daily Women's 50+ Adv	One A Day	65 CT	\$8
◆V63	448404	Adult Daily Men's 50+ Adv	One A Day	65 CT	\$8
◆V64	797751	Lutein 40mg	No Comparable	30 CT	\$19
◆V65	710800	5-HTP 100mg Capsules	No Comparable	30 CT	\$12
◆V66	446547	AirShield Immunity Gummies	Airborne Gummies	63 CT	\$20

◆ Dual-purpose item.

Item list is subject to change. You will receive the generic equivalent of all items.

Last updated October 2021

Vitamins and minerals



CODE	SKU	PRODUCT	COMPARE TO	AMOUNT	PRICE
◆V69	432062	Black Elderberry Gummies	No Comparable	60 CT	\$19
◆V71	901330	Calcium 600mg + Vitamin D3	Caltrate	120 CT	\$10
◆V72	145626	Super B Complex w/ Vitamin C	Nature's Bounty	100 CT	\$10
◆V74	452271	Menopause Support Caplets	Estroven	28 CT	\$18
◆V76	247321	B-12 1000mcg	No Comparable	60 CT	\$7
◆V77	222901	Vitamin C with Rosehips	No Comparable	100 CT	\$8
◆V80	451093	Glucosamine Chondroitin Triple Strength	No Comparable	240 CT	\$66
◆V81	357343	Fish Oil 1000mg	No Comparable	120 CT	\$11

◆ Dual-purpose item.

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Promise Health Plan