



superior
healthplan™

Get your
Over-the-Counter
(OTC) items shipped
to your door!

Over-the-Counter Brochure

Stay healthy, save money.

As a commitment to your health and well-being, Superior HealthPlan STAR+PLUS Medicare-Medicaid Plan (MMP) offers members a benefit of \$35 per calendar month in commonly used over-the-counter (OTC) items. These items can be shipped to your home.

Items listed in this brochure are covered at no cost to you within your maximum benefit of \$35 in items per calendar month.

All OTC items should only be used as directed. You should talk to your Primary Care Provider (PCP) if you have any questions about how to use these items safely. OTC products on this list are intended for member use only to help with a health or medical need. The use of this benefit to order OTC items for family members and friends is prohibited.

Order in 2 easy steps.

Choose your items from the table in this brochure. Each item is numbered to make ordering easy.

- 1** Call toll-free at 1-888-628-2770 (TTY: 711) from 9 a.m. to 8 p.m. CST, Monday through Friday. Let our operator know which items you would like. You have a limit of up to \$35 per calendar month. Unused dollar amounts cannot be carried over month-to-month.
- 2** When you call, please be sure to have your Superior STAR+PLUS MMP member ID card available. The operator will need your member ID number to complete the order. After your order is complete, your item(s) should arrive in 14 business days.

OTC Items Available in 2023

Select the items you need from the list below, up to your benefit amount of \$35 per calendar month. Prescriptions are not required for these items.

| Item# | Description | Pack Size | OTC Price |
|-------------------|--|-----------|-----------|
| Adult Care | | | |
| 383182 | Unisex Overnight Underwear L | 14 ct. | \$13 |
| 383703 | Unisex Overnight Underwear XL | 12 ct. | \$13 |
| 458004 | Cleansing Wipes Sensitive | 192 ct. | \$12 |
| 163093 | Men's Bladder Control Pads | 52 ct. | \$12 |
| 842939 | Men's LG/ XL Underwear Max | 32 ct. | \$21 |
| 830473 | Men's SM/ MED Underwear Max | 36 ct. | \$21 |
| 489366 | Men's Underwear Max L/XL | 18 ct. | \$13 |
| 489372 | Men's Underwear Max S/M | 20 ct. | \$13 |
| 964701 | Overnight Women's Bladder Control Pads | 30 ct. | \$12 |
| 512509 | Underpads XL 23x36 | 18 ct. | \$9 |
| 795728 | Women's Bladder Control Pads Long | 27 ct. | \$12 |
| 830475 | Women's Large Underwear Max | 32 ct. | \$21 |
| 830476 | Women's Small/Medium Underwear Max | 36 ct. | \$21 |
| 489350 | Women's Underwear Max L | 18 ct. | \$13 |
| 973821 | Women's Underwear Max L | 16 ct. | \$13 |
| 489330 | Women's Underwear Max S/M | 20 ct. | \$13 |
| 830474 | Women's XL Underwear Max | 28 ct. | \$21 |

To order, call the toll-free order line at
1-888-628-2770 (TTY: 711).

| Item# | Description | Pack Size | OTC Price |
|---------------|-------------------------------------|-----------|-----------|
| Cold Remedies | | | |
| 320711 | AirShield Orange Tablets | 10 ct. | \$6 |
| 348261 | Adult AirShield Gummies* | 21 ct. | \$7 |
| 970454 | AirShield Adult Gummies* | 42 ct. | \$11 |
| 889580 | AirShield Berry Chew* | 32 ct. | \$6 |
| 882775 | Carmex Classic Lip Balm | 1.05 oz. | \$5 |
| 853587 | Cold Sore Treatment | 0.07 oz. | \$16 |
| 939642 | Cold Sore Treatment | 0.07 oz. | \$18 |
| 193592 | Digital Thermometer | 1 Each | \$17 |
| 587618 | Medicated Chest Rub | 3.53 oz. | \$6 |
| 277898 | Medicated Chest Rub | 1.76 oz. | \$4 |
| 277790 | Nasal Spray Saline 2 Pack Twin Pack | 1.5 oz. | \$5 |
| 155912 | Rigid Tip Digital Thermometer | 1 Each | \$7 |
| 891465 | Saline Nasal Spray | 1.5 oz. | \$4 |
| 972801 | Sore Throat & Cough Lozenges | 18 ct. | \$4 |
| 316620 | Sore Throat Spray | 6 oz. | \$4 |
| 179666 | Sugar Free Cough Drops | 140 ct. | \$7 |

| Item# | Description | Pack Size | OTC Price |
|-------------------------|------------------------------|-----------|-----------|
| Digestive Health | | | |
| 878020 | Beanaid Capsules | 30 ct. | \$5 |
| 958326 | Daily Fiber Sf | 10 oz. | \$9 |
| 919052 | Daily Probiotic | 30 ct. | \$22 |
| 919047 | Digestive Probiotics | 20 ct. | \$20 |
| 252794 | Fiber Capsules | 160 ct. | \$12 |
| 318142 | Fiber Capsules | 100 ct. | \$10 |
| 393041 | Lactaid Fast Acting Caplets | 32 ct. | \$13 |
| 401472 | Medicated Hemorrhoidal Wipes | 48 ct. | \$6 |
| 913037 | Medicated Hemorrhoidal Wipes | 96 ct. | \$11 |
| 919055 | Probiotic Adult 4 Strains | 30 ct. | \$20 |
| 883948 | Probiotic Adult 9 Strains | 15 ct. | \$15 |
| 109278 | Sea Band Wristbands | 2 ct. | \$10 |
| Eye/ Ear Care | | | |
| 694929 | Ear Plugs | 20 ct. | \$6 |
| 942245 | Ear Plugs | 100 ct. | \$15 |
| 457496 | Swimmers Ear Solution | 1 oz. | \$4 |
| Feminine Care | | | |
| 289061 | Feminine Wipe Fragrance Free | 32 ct. | \$5 |
| 127200 | Maxi Pad With Wings Jumbo | 32 ct. | \$6 |
| 692443 | Maxi Regular Pads | 48 ct. | \$6 |
| 927025 | Maxi Super Long Pads | 42 ct. | \$5 |

| Item# | Description | Pack Size | OTC Price |
|-----------|---|-----------|-----------|
| 842800 | Overnight Maxi Pads | 36 ct. | \$8 |
| 326808 | Pregnancy Test | 1 ct. | \$10 |
| 911826 | Stayfree Maxi Pad Super | 48 ct. | \$9 |
| First Aid | | | |
| 259370 | Butterfly Closures | 12 ct. | \$3 |
| 870947 | 3 Step Solution Lice Kit | 1 kit | \$19 |
| 241483 | Antibacterial Bandages Assortment | 120 ct. | \$12 |
| 488598 | Bandages Assortment Value Pack | 200 ct. | \$10 |
| 109405 | Calamine Lotion Plus | 6 oz. | \$6 |
| 383505 | Clear Bandages | 45 ct. | \$4 |
| 482649 | Epsom Salt | 22 oz. | \$5 |
| 405572 | First Aid Kit | 1 kit | \$7 |
| 951344 | Flexible Fabric Bandages | 100 ct. | \$9 |
| 893120 | Gauze Pad 3x3 | 25 ct. | \$5 |
| 893121 | Gauze Pad 4x4 | 25 ct. | \$7 |
| 935683 | Gauze Pad Non Stick 2x3 | 25 ct. | \$6 |
| 894104 | Gauze Roll 4"X2yds | 1 Each | \$4 |
| 875957 | Heavy Duty Fabric Anti-Bacterial Bandages | 20 ct. | \$4 |
| 951341 | Heavy Duty Fabric Bandages | 60 ct. | \$8 |
| 602441 | Iodine | 1 oz. | \$4 |
| 178608 | Lice Shampoo | 8 oz. | \$15 |
| 330703 | Lidocaine Burn Relief Gel | 8 oz. | \$6 |

| Item# | Description | Pack Size | OTC Price |
|-------------------------|-------------------------------|-----------|-----------|
| 360094 | Medical Grade Face Mask | 20 ct. | \$12 |
| 991269 | Nitrile Exam Gloves | 50 ct. | \$15 |
| 991272 | Nitrile Exam Gloves | 100 ct. | \$30 |
| 209486 | Petroleum Jelly | 13 oz. | \$6 |
| 531343 | Petroleum Jelly | 2.5 oz. | \$3 |
| 882127 | Sharps Container | 1 Each | \$13 |
| 702514 | Sheer Bandages Assorted Sizes | 80 ct. | \$4 |
| 893119 | Sterile Gauze Pads 2x2 | 25 ct. | \$4 |
| 405569 | Travel First Aid Kit | 1 kit | \$20 |
| Foot Care | | | |
| 334566 | Odor Control Spray Powder | 4 oz. | \$6 |
| 118869 | Corn Removers | 9 ct. | \$5 |
| 893270 | Diabetic Socks L/XL | 2 ct. | \$9 |
| 893272 | Diabetic Socks S/M | 2 ct. | \$9 |
| 894580 | Moleskin Padding | 2 ct. | \$4 |
| Home Diagnostics | | | |
| 130344 | Alcohol Prep Swabs | 100 ct. | \$3 |
| 149650 | Glucose Chewable Tablets | 10 ct. | \$2 |
| 149647 | Glucose Tablets Orange | 50 ct. | \$6 |
| 149616 | Glucose Tablets Raspberry | 50 ct. | \$6 |
| Home Health Care | | | |
| 980705 | Black Cane Tip 3/4" | 1 Each | \$5 |

| Item# | Description | Pack Size | OTC Price |
|----------------------|---------------------------------------|-----------|-----------|
| 741727 | Quad Cane Black | 1 Each | \$35 |
| 741739 | Reacher | 1 Each | \$28 |
| Miscellaneous | | | |
| 715123 | 7 Day Pill Box | 1 Each | \$2 |
| 864739 | Digital Body Scale* | 1 Each | \$16 |
| 278510 | Night Light | 2 ct. | \$8 |
| 356898 | Resistance Stretch Bands | 1 Each | \$18 |
| 460696 | Tablet Cutter | 1 Each | \$7 |
| Oral Care | | | |
| 682983 | Clean Pro Toothbrush Soft | 6 ct. | \$6 |
| 956360 | Clear Pro Toothbrush Medium | 3 ct. | \$3 |
| 695117 | Dental Tool Kit | 1 Each | \$8 |
| 230196 | Denture Adhesive Regular | 2.4 oz. | \$5 |
| 213330 | Denture Cleanser Tabs | 40 ct. | \$3 |
| 122340 | Effervescent Denture Cleanser Tablets | 84 ct. | \$7 |
| 469085 | Extra Comfort Floss Mint 40m | 1 ct. | \$3 |
| 454381 | Flosser Picks | 90 ct. | \$3 |
| 454376 | Flosser Picks Mint | 90 ct. | \$3 |
| 933834 | Oral Pain Relief | 0.33 oz. | \$6 |
| 368775 | Sensitive Toothpaste | 3.4 oz. | \$5 |
| 975211 | Toothache Relief & Repair Kit | 1 Each | \$9 |

| Item# | Description | Pack Size | OTC Price |
|-----------------------|------------------------------------|-----------|-----------|
| Pain Relievers | | | |
| 715127 | AM/PM Pill Box | 1 Each | \$2 |
| 151555 | Ankle Brace M | 1 Each | \$11 |
| 151480 | Ankle Brace S | 1 Each | \$11 |
| 459362 | Arthritis Pain Relief Cream | 4 oz. | \$25 |
| 812439 | Dual Strap Knee Support Adjustable | 1 Each | \$29 |
| 728132 | Ear Syringe /Nasal Aspirator | 2 ct. | \$6 |
| 215313 | Heating Pad Standard | 1 Each | \$24 |
| 957604 | Hot/Cold Patches | 5 ct. | \$5 |
| 844209 | Icebag Large | 1 Each | \$13 |
| 151894 | Knee Support M | 1 Each | \$12 |
| 472994 | Knee Support S | 1 Each | \$12 |
| 152116 | Knee Support Sleeve L | 1 Each | \$12 |
| 482556 | Knee Support XL | 1 Each | \$12 |
| 263674 | Melatonin 10mg | 120 ct. | \$18 |
| 376137 | Melatonin 10mg Fast Dissolve | 60 ct. | \$11 |
| 268542 | Melatonin 10mg Strawberry Gummies | 60 ct. | \$13 |
| 357714 | Melatonin 1mg Berry Gummy | 60 ct. | \$10 |
| 419642 | Melatonin 3mg | 120 ct. | \$9 |
| 454600 | Melatonin 5mg | 120 ct. | \$11 |
| 866534 | Melatonin 5mg Tablets | 90 ct. | \$9 |
| 343538 | Melatonin Gummy 5mg Strawberry | 60 ct. | \$11 |

| Item# | Description | Pack Size | OTC Price |
|----------------------|----------------------------------|-----------|-----------|
| 695036 | Migraine Relief | 100 ct. | \$11 |
| 715154 | Oral Syringe | 1 Each | \$4 |
| 463111 | Peak Flow Meter | 1 Each | \$24 |
| 324111 | Reusable Ice Pack | 1 Each | \$6 |
| 507013 | Self-Grip Bandage | 1 Each | \$6 |
| 155756 | Sleep Aid | 24 ct. | \$4 |
| 960108 | Sleep Aid 25mg | 96 ct. | \$16 |
| 222633 | Sleep Aid 50mg | 200 ct. | \$31 |
| 864199 | Sleep Aid 50mg Soft Gels | 32 ct. | \$6 |
| 348058 | Voltaren Arthritis Pain | 1.7 oz. | \$14 |
| Personal Care | | | |
| 483135 | Intensive Repair Lotion | 16.9 oz. | \$11 |
| 332141 | 2 In 1 Nail Clipper | 1 Each | \$9 |
| 905646 | Advanced Antibacterial Hand Wash | 8.5 oz. | \$4 |
| 212846 | Cerave Eczema Relief Creamy Oil | 8 oz. | \$20 |
| 270085 | Cerave Psoriasis Cream | 8 oz. | \$27 |
| 952394 | Dandruff Clean Shampoo | 14.2 oz. | \$5 |
| 942211 | Disinfecting Spray | 12.5 oz. | \$6 |
| 992500 | Eczema Relief | 8 oz. | \$9 |
| 282867 | Eczema Therapy Cream | 7.3 oz. | \$12 |
| 265212 | Facial Tissue | 10 ct. | \$3 |
| 843837 | Flushable Wipes | 42 ct. | \$4 |

| Item# | Description | Pack Size | OTC Price |
|--------|---|-----------|-----------|
| 516310 | Hairbrush | 1 Each | \$4 |
| 371303 | Hair Comb | 3 ct. | \$4 |
| 799023 | Hand Sanitizer | 2 oz. | \$2 |
| 783753 | Hand Sanitizer | 8 oz. | \$4 |
| 598625 | Hand Sanitizer With Aloe | 8 oz. | \$4 |
| 446213 | Head And Shoulders Dandruff/Dry Scalp Shampoo | 13.5 oz. | \$11 |
| 140574 | Old Spice Deodorant | 3.25 oz. | \$6 |
| 669862 | Purell Flip Cap Hand Sanitizer | 4 oz. | \$4 |
| 374111 | Secret Deodorant | 2.4 oz. | \$8 |
| 321137 | Sensitive Skin Bar Soap 2 Pack | 4 oz. | \$3 |
| 447719 | Sensitive Skin Bar Soap 6 Pack | 4 oz. | \$8 |
| 264733 | Sensitive Skin Body Wash | 22 oz. | \$7 |
| 478041 | Sheer Dry Sunblock Lotion SPF 55 | 3 oz. | \$8 |
| 226674 | Shower Cap | 6 ct. | \$10 |
| 972139 | Tide Free & Gentle Laundry Pods | 16 ct. | \$8 |
| 306050 | Trojan Enz Lubricated Condoms | 12 ct. | \$9 |
| 236333 | Trojan Magnum Lubricated Condoms | 3 ct. | \$6 |
| 200338 | Trojan Ribbed Condoms | 12 ct. | \$9 |
| 238881 | Trojan Ultra-Thin Lubricated Condoms | 3 ct. | \$4 |
| 720856 | Ultra-Sheer Dry Touch Sunblock Spf 45 | 3 oz. | \$8 |
| 390195 | Wallet Facial Tissues | 10 ct. | \$5 |
| 692270 | Ultra-Soft Cleansing Wipes Unscented | 72 ct. | \$4 |

| Item# | Description | Pack Size | OTC Price |
|----------|---|-----------|-----------|
| 571810 | Unscented Wipes | 64 ct. | \$3 |
| Vitamins | | | |
| 973804 | AirShield Adult Immunity Gummy* | 42 ct. | \$11 |
| 446547 | AirShield Immunity Gummies* | 63 ct. | \$20 |
| 717912 | Antarctic Pure Krill Oil Omega-3 350mg* | 60 ct. | \$26 |
| 122869 | Coenzyme Q-10 50mg* | 40 ct. | \$12 |
| 300258 | Folic Acid 800mcg Tablet* | 100 ct. | \$4 |
| 145514 | Glucosamine Chondroitin* | 150 ct. | \$25 |
| 308698 | Omega-3 Fish Oil Krill Oil 4 In 1* | 80 ct. | \$34 |

The cost of any items you order will be applied to your maximum OTC benefit of \$35 in items per calendar month.

Items and prices are subject to change. If you need more information or help, please call Superior STAR+PLUS MMP Member Services at 1-866-896-1844. TTY users should call 711. Hours of operation are 8 a.m. to 8 p.m., Monday through Friday. After hours, on weekends and on holidays, you may be asked to leave a message. Your call will be returned within the next business day.

***Dual-Purpose Items**

These items are considered dual-purpose. These are products that can be used for either a medical condition or general health and well-being. You must talk to your PCP before ordering these items. Your PCP must verbally recommend the OTC item for a specific condition. The condition must be able to be diagnosed.

Products listed in this brochure are available in mostly generic forms comparable to the leading name brand. At times items may be temporarily unavailable based on manufacture backorder or on hand stock availability.

*Return Policy: Due to the personal nature of the products, no returns or exchanges are allowed. If you haven't received your order or if you received a defective or damaged item, please call **1-888-628-2770 (TTY: 711)** within **30 days of placing your order**. If your item is not in stock, an item of similar or greater value may be substituted in your order.*

**Order up to
\$35 in items
per calendar
month!**

Superior HealthPlan STAR+PLUS Medicare-Medicaid Plan (MMP) is a health plan that contracts with both Medicare and Texas Medicaid to provide benefits of both programs to enrollees.

This is not a complete list. The benefit information is a brief summary, not a complete description of benefits. For more information contact the plan or read the Member Handbook.



To order your OTC items online,
scan this QR code and follow the
instructions on the website.

mmp.SuperiorHealthPlan.com

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