

# Emergency go bag checklist



In case of an emergency or severe weather, it's a good idea to have a go bag ready. Pack the following essentials in a weatherproof bag and keep it near your home's exit. Check off all the items in your bag and add any others that you may need for your family's health, safety, comfort and personal care.



## Health and medical:

- Prescriptions
- Pain relief support products
- Allergy relief products
- Digestive health products
- First aid kit
- Hand sanitizer
- Face masks
- Wet wipes
- Toiletries

## Tools and misc.:

- Batteries
- Flashlight
- Radio
- Whistle
- Duct tape
- Phone charger
- Blankets
- Cash
- Sneakers
- Multi-tool
- Local maps

## Food:

Nonperishable food; canned soup, cereal, etc.

- Can opener
- Bottled water

## Children's needs:

- Diapers and formula
- Favorite toys, games or comfort items

## Other:

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